

(02) 4934 3503  
admin@maitland.basketball.net.au  
www.maitland.basketball

10 Bent Street  
PO Box 300  
Maitland NSW 2320



## **COVID-19 UPDATE FOR AUSSIE HOOPS AND MINIBALL FAMILIES**

Dear Aussie Hoops and Miniball families,

On behalf of our club, I would like to take this opportunity to reach out to everyone, firstly to provide an update on the status of our Aussie Hoops and Miniball Programs, but also to check in on everyone's well-being during this challenging time.

### **Staying Informed**

As per [Basketball Australia's statement](#) Aussie Hoops term 1 program has been suspended and enrolments for Term 2 will not open until advised by Basketball Australia. Our Miniball program will follow the same advice as Aussie Hoops programs. When we recommence programs, we will offer an opportunity firstly for each Term 1 program participant to complete their games / lessons. We will give you plenty of notice when we have a restart date from Basketball Australia.

### **Staying Safe**

We understand that this will be a trying time for families with young children. We would like to point out some resources from the [World Health Organization \(WHO\)](#) that parents may find useful in supporting young children during this time, as well as some helpful resources to support your own well-being. There is a general website for healthy parenting – [click here](#), plus there are some specific resources to help manage stress:

- WHO for Children - [Helping children cope with stress during the 2019-nCov outbreak](#) -
- WHO for adults - [Coping with stress during the 2019-nCov outbreak](#)

### **Staying Connected**

We hope that parents can take some extra opportunities to play and have fun with their children in an effort to provide some enjoyment, physical activity and sense of normality to our children's afternoon activities. The Sport Australia website has a [Find Your 30 Challenge](#). There are many ideas and activities that are suitable for our current circumstances.

**Keep an eye on our Facebook page for more ideas and opportunities in the coming weeks.**

Please stay safe and do not hesitate to get in contact via email if we can be of any assistance via email – [development@maitland.basketball.net.au](mailto:development@maitland.basketball.net.au)

Trevor Gallacher  
Development Manager  
Maitland Basketball